

## Welcome to Career Life Education

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**Welcome! Please read this document carefully prior to beginning the coursework.**

Congratulations on deciding to complete this course through Distributed Learning! Distributed Learning (DL) is a unique learning opportunity. It takes place when a student is primarily at a distance from the teacher. It is a method of instruction that relies primarily on indirect communication between students and teachers, including internet or other electronic-based delivery.

**Requirement:** Regular access to a computer and internet; assignments are accessed and submitted online.

- **Initial Assignment:** Access given once the completed registration is submitted.
- **Course work:** Once the completed initial assignment is emailed to the teacher, students are given access to the course work in Desire 2 Learn (D2L) our online learning management system. The website is <https://d2l.sd61.bc.ca/>. Your username is your district student ID, and your password is the same you use for your district account.

**Resources:** There is NO textbook required for this course. You can complete work in Microsoft Office (Word, Excel, PowerPoint) or free download Libre Office (<https://www.libreoffice.org/>), or @sd61learn.ca Google docs. There are many online tools that can be used as well. If you have any questions, check with your teacher.

### Student Responsibilities:

- To complete all assignments to the best of their ability (partially completed assignments will not be accepted)
- To complete assignments in the order in which they are assigned, unless given written instruction otherwise
- To review the feedback given on assessed assignments and complete corrections as required
- To maintain regular contact with teachers
- To work within mutually agreed upon timeframes
- To ask for help and clarification when needed



### **Carrer Life Education**

- Career Life Education is a course that is required for graduation in British Columbia. A complete list of prescribed learning outcomes for this course can be found at the Ministry of BC website: <https://curriculum.gov.bc.ca/curriculum/career-education/all/career-life-education>
- Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding
- Career-life decisions are influenced by internal and external factors, including local and global trends.
- Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.
- Finding balance between personal and work life promotes well-being
- Lifelong learning fosters career-life opportunities.

## BIG IDEAS

Finding a balance between work and personal life is essential to good physical and mental health	A network of family, friends and community members can support and broaden our career awareness and options.	Learning how to learn prepares us to be lifelong learners who can adapt to changing career opportunities
The global economy affects our personal, social, and economic lives and prospects.	Effective career planning considers both internal and external factors.	Successful career and education paths require planning, evaluating and adapting.

### Course Layout Part A

Unit	Topic
1	Who am I?
2	How connected am I?
3	What do I have to learn?

### Course Layout Part B

Unit	Topic
1	What would I like to do?
2	How does today's work influence my career choices?
3	What can I see myself doing?

**Grading** *Your grade for this course will be calculated as follows:*

Item	Weight
Reflections	10%
Assignments	90%