

Foods 12 Course Outline

Foods 12 is organized into 7 units:

- Unit 1: Introduction
- Unit 2: Kitchen Sanitation
- Unit 3: Begin with Baking
- Unit 4: Healthy Eating Habits
- Unit 5: A Changing World
- Unit 6: Food Guide
- Unit 7: Meal Planning

Big Ideas

Here are the three big ideas that the course focuses on:

- Services and products can be designed through consultation and collaboration.
- Personal design interests require the evaluation and refinement of skills.
- Tools and technologies can be adapted for specific purposes.